



Safety Guidelines For Go Girls! Participants

Big Brothers Big Sisters of Centre Wellington aims to provide a safe group experience for all of our participants. We are trying to reduce the risk of contracting COVID-19 in connection with small group gatherings by having all of our Go Girls! group participants follow the safety guidelines outlined below:

1. Before meeting in-person, all group participants should be fully aware of the precautions set out by the [WDG Public Health](#)
2. A physical distance of at least 2 metres should be maintained at all times between group participants.
3. All participants are required to wear a clean mask that covers their nose, mouth and chin without bagging.
4. All participants shall use the alcohol-based hand sanitizer before, and after each group session. A hand washing station is accessible in the kitchen and washrooms.
5. Participants will stay home if they have been in contact with, or have been experiencing [Symptoms associated with COVID-19](#) and get tested before coming back to the group.
6. All group participants are required to wash their hands well after washroom breaks and/or eating snacks.
7. No participants shall share food/drink with another group member.
8. All group participants will have their own activity materials to avoid sharing any touch surfaces (i.e. paintbrushes, glue sticks, sports equipment, etc.)
9. If a group participant travels outside of the country, a self-isolation period of 14 days must occur before returning back to the group.

I have carefully read over the safety guidelines in its entirety and understand its content. I agree to these safety guidelines and will take responsibility for my child while attending Go Girls at the BHive.

Signature of Parent/Guardian

Date

Signature of Mentoring Coordinator

Date